



MONO COUNTY HEALTH DEPARTMENT

Public Health

P.O. BOX 476, BRIDGEPORT, CA 93517 PHONE (760) 932-5580 • FAX (760) 932-5284
P.O. BOX 3329, MAMMOTH LAKES, CA 93546 PHONE (760) 924-1830 • FAX (760) 924-1831

A Mono County Substance Use Taskforce

A group of people and agencies seeking to reduce the harmful impacts of substance use in Eastern Sierra communities

Tuesday, October 6, 2020

10-11:30am

<https://monocounty.zoom.us/j/8523894939>

Agenda:

- I. Meeting will be recorded, please mute yourself unless speaking.

Welcome and Introductions: In the chat box, chat your full name and which organization you represent or state “no affiliation” or “community member”

Attendees: Dan David (Care Coordination Manager at NIHD and Manager of MAT program), Leah Roman (MCPH), Staci Brock - Infection Prevention Mammoth Hospital, Janet Paine : Janet Paine, Anthem Blue Cross Medi-Cal Health Plan, Candace Kasulka pop health RN mammoth hospital, Lindsey Thayer, Mammoth Mountain Ski Area, on behalf of Erin Bulkley, our Benefits Administrator, Jacob Eide - Mammoth Hospital Behavioral Health Supervisor, Maria Gonzalez, Mono County Tobacco Education Program, Hallie Vickers- Rural Health Clinic, RN Care Coordinator, Lauren Kemmeter, Program Coordinator @ Mono Public Health, Tobacco Education Program, Janet Matthews, Mammoth Hospital WH and Peds Clinic Manager, Jessie Melton- Patient Access Primary Care Supervisor, Emily Faircloth Inyo County Tobacco Control/SUD Prevention, Lynnette Siverling, Anthem Medi-Cal, Network Relations Consultant Sr., Jared Martin, Anthem, Clinical Quality Program Administrator, Coco Sly RN RHC Care Coordination, TIHP Care Case Management, Connor Polcyn - Family Medicine Clinical Supervisor at Mammoth Hospital, Arlene Brown, Recovery Support Navigator, NIH Rural Health Clinic, Michelle Raust/ Social Services, Tom Boo/Health Officer, and Jacinda Croissant/Public Health.

- II. Administration topics that are open for discussion (5min):

- Merging Mono County and Inyo County Substance Use Taskforces.
 - Merging is agreed, need to include/invite more to the group such as Toiyabe.
- Name of the group, change to "Eastern Sierra Substance Use Project" or "Mono County Substance Use Project"
 - Group agreed with changing to **‘Eastern Sierra Substance Use Project’**

III. Review Substance Use Taskforce Website (3 min)

- Ongoing changes, trainings (on-demand/recorded or live)
 - Need to add Mammoth Hospital links for behavioral health/substance use resources.
 - Add Inyo’s harm reduction Facebook link
 - Make the site more user friendly for community members looking to access care and resources

IV. Social Media: Justin will be assisting with promoting the group, events, and substance use education. (2 min)

- Let us know if you need to promote any events that the group can benefit from, Justin can promote through social media and Jacinda can post to website.

V. **Presentation by Arlene to share success of Narcan Distribution event in Inyo County (10min)**

Hour long wait times due large turnout. Started two lines. Overdose/Narcan trainers worked the line. 150 free dinners went quick. Over 200 OD’s reversal kits went out. English and Spanish.

VI. **Open Discussion: Discuss having Narcan Distribution/Substance Use Educational event (30min)**

- Location: At Sierra Nevada Resort (?) and expanding to an Eastern Sierra event tour that can be posted throughout the county (Benton, Walker, Big Pine etc.)



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- Dates: 10/11/12 (Mammoth?) or same day as Flu clinic community events in Mammoth and around the county.
- Public Health can provide Narcan and instructions
- Food donations needed
- Band that can volunteer to play or if anyone could assist with paying the band.
- Giveaway items that could encourage participation and some that could be added to the resource bags which will also contain the Narcan.

-Other community resources should also be provided such as condoms, tobacco cessation resources, fentanyl strips, etc.

-Inyo has the Narcan tent that can be used at each event.

-Mono Public health has 150 Narcan boxes and Inyo has a lot that they can distribute as well.

-Discussed possibly hosting same event with Mountain employees, possibly during employee orientation.

-Other distribution sites for Narcan? Behavioral Health collaborated with liquor stores to have Narcan on site and distribute to customers?

-Educate public about extended expiration date for Narcan/Naloxone:

<https://healthcrisisalert.com/news/21857-fda-approves-extended-shelf-life-for-narcan-nasal-spray/>

VII. Mini Virtual Conference on Substance Use for providers and community members on December 2, 2020. (15min)

- Vitka Eisen, Health Right 360
 - Arlene recommended some speakers, such as Marlies Perez.
- Open to other recommended speakers, professional speakers or members of the community that would like to present
 - Email jcroissant@mono.ca.gov to provide recommendations

Subjects that were suggested by the group:

Harm reduction fundamentals

Community member lived experience

Stigma reduction

Motivational Interviewing

Behavioral Health Provider speaker

Evidence based treatments beyond medication

-All would be invited to attend from community members, Justice partners, MLPD. Should promote event far and wide!

VII: Community Roundtable (remaining time):

- Share updates, needs, and/or concerns related to substance use within agencies or communities

The group emphasized the need to discuss what is currently available and feasible for needle exchange and updates on behavioral health needle exchange program. Partner with Inyo to assist with needle exchange needs in Mono until exchange program is running (?).

- Will prioritize needle exchange discussion for next meeting

Tentative next meeting November 3, 2020, 10-11:30am (Tuesday)